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DEWEY BEACH BUDDY 5K RUN

The Dewey Beach Lions Club will continue their pancake breakfast tradition on Sunday, August 7 from 8 AM to 10 AM. The breakfast is held in support of the annual **Dewey Beach Buddy 5K Run**, which starts and finishes that morning at the Lions Club clubhouse, on the bay, at 115 McKinley Ave. (next to Northbeach). The breakfast, consisting of pancakes, eggs, bacon, sausage, home fries, coffee and juice, is prepared and served by Dewey Beach Lions' members and is free to registered runners of the 5k race. The cost to non-runners is just \$8 for adults and \$4 for children. To register for the 5K run, go to www.bestbuddiesdelaware.org/events.

REHOBOTH ART LEAGUE – 43RD ANNUAL OUTDOOR FINE ART/FINE CRAFT SHOW

August 6-7 and 13-14 – Saturday hours 10:00 AM – 5:00 PM; Sunday hours 10:00 AM – 4:00 PM. Open rain or shine –12 Dodds Lane in Henlopen Acres – for more information click on the following link: http://www.rehobothartleague.org/43rd-annual-outdoor-show.html.

TURN THE TOWNS TEAL - DELAWARE OVARIAN CANCER FOUNDATION

Turn The Towns Teal® is a national campaign held from September 1–30 to promote awareness of ovarian cancer and its subtle symptoms -- teal is the color for ovarian cancer. Participating businesses in downtown Rehoboth Beach (specifically Rehoboth Avenue) place teal bows preferrably on the exterior of their property and make available symptom cards during the month of September. Bows can be picked up at the Chamber administrative office – 509 Rehoboth Avenue. Proposed date/time for PIN UP of Teal Bows: Sept. 1, 10:00 AM - 12:00 noon; TAKE DOWN of Teal Bows: Sept. 30, 10:00 AM - 12:00 noon (by campaign volunteers who will store them for use the next year). To participate, e-mail Sally Oberle – sally.bluehen@comcast.net and for more information, visit the website turnthetownsteal.com and view the project "Turn the Towns Teal".

FROM KSI (KENT-SUSSEX INDUSTRIES)

KSI's 27th Annual 3 Club Golf Tournament is slated for Wednesday, September 21, 2016 at Jonathan's Landing in Magnolia. We encourage you to enjoy a great day of FUN networking in this unique tournament, or support KSI through various sponsorship opportunities. Deadline for inclusion in the golf program is September 5. For more information about KSI, or the 3 Club Golf Tournament, contact Alicia Hollis at 302-422-4014 ext. 3015 or hollisa@ksiinc.org.

SUSSEX COUNTY OPEN FOR BUSINESS FAIRS EVERY THIRD THURSDAY

Sponsored by the Sussex County Economic Development Action Committee Inc., (SEDAC) Sussex County Open for Business offers monthly meetings that provide one-stop-shop access to an array of organizations, agencies and resource partners who assist small businesses in funding, business consulting and training in Sussex County. The Fairs are held the third Thursday of each month at the Sussex County Emergency Operations Center at the Delaware Coastal Airport. The address is 21911 Rudder Lane, Georgetown. For more information, contact Bill Pfaff at (302) 856-1555 or wpfaff@udel.edu or go to www.sedac-de.org/open.

QUAKERTOWN WELLNESS CENTER PRESENTS: THE CIRCLE: HOW THE POWER OF A SINGLE WISH CAN CHANGE YOUR LIFE

Catrina Stiller, LPCMH, NCC from Quakertown Wellness Center in Lewes is hosting a 7 week workshop every Thursday beginning September 8, 2016 from 6:30-8 PM. This interactive and enlightening workshop will teach you how to make your dreams a reality and offer methods to enhance your own intuitive abilities. The workshop is based on the work of New York Times author, Laura Day. Call 917-524-7803 or visit www.catrinastiller.com to register. For more information, also visit www.quakertownwellness.com/catrina-stiller/.