



Voted BEST NACHOS by Delaware Today!

Voted BEST SANDWICHES by Delaware Today!

Voted BEST LUNCH SPOT by Delaware Today!

STARTERS

ARENA'S FAMOUS NACHOS

Voted Best Nachos at the Beach by Delaware Today Magazine!

A giant helping of crispy tortilla chips topped with a blend of Monterey Jack and Cheddar cheese, tomatoes, fresh jalapeno peppers, shredded lettuce, sour cream and southwestern salsa. 11.99

Add Guacamole 1.99
Extra Sour Cream or Salsa 1.50
Add Grilled Chicken for 3.99
Add Chili 3.99

VEGGIE NACHOS (NEW!)

We start with our Famous Nachos and add a veggie burger, black beans, shredded cabbage, red onion and kalamata olives. 15.99

HUMMUS PLATTER

A healthy portion of Arena's hummus, served in a bowl with kalamata olives, fresh veggies and Pita. 9.99

MOZZARELLA STICKS

Battered Mozzarella fried lightly, served with marinara dipping sauce. 7.99

MAC AND CHEESE BITES

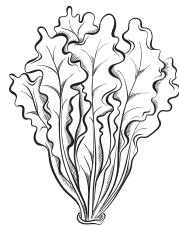
Creamy mac and cheese wedges battered and fried served with sriracha ranch. 7.99

SOFT PRETZELS

Served with a sweet and spicy bourbon mustard. 5.99

Salads

Ranch / Fat Free Ranch
Thousand Island
Bleu Cheese
Balsamic Vinaigrette
Fat Free Italian
Apple Vinaigrette



COBB SALAD

Fresh sliced turkey, diced tomatoes, avocado, bacon and feta cheese on romaine lettuce. 11.99

GARDEN SALAD

A fresh selection of seasonal greens tossed with tomatoes, cucumbers, carrots, onions and sprouts. 7.99

ARENA'S CAESAR SALAD

Crisp romaine lettuce, croutons, grated Parmesan and our homemade dressing. The Best in Town! 7.99
Add Grilled Chicken for 3.99 · Add Crab Cake for 3.99

ARENA'S HOME-STYLE FRIES

A generous portion of golden brown fries. 5.99 · Small 3.99

ARENA'S CHEESE FRIES

Arena's home-style fries covered in a blend of melted Monterey Jack and Cheddar cheese. 9.99 · Small 7.99



DEATH FRIES

Fries with melted cheese and bacon, topped with ranch and barbecue sauce. 12.99 · Small 10.99

BASKET OF TATER TOTS

A tasty old school favorite. 5.99 · Small 3.99

HOT TOTS

Tater tots, bacon, melted shredded cheese, jalapenos, covered in sriracha ranch (Srirancha). 11.99 · Small 9.99

CRABBY PRETZELS (NEW!)

Brand new Recipe! A creamy blend of crabmeat, cheese, roasted red peppers, scallions and spices served with soft pretzels 13.99

BUFFALO CHICKEN TENDERS

Breaded strips of chicken breast dipped in our secret hot sauce. Served with Bleu cheese and celery sticks. 10.99
Add a handful of fries - 2

ARENA'S WINGS

Our famous jumbo wings dipped in your choice of sauce, served with bleu cheese and celery. 11.99
Hot, Mild, Old Bay, BBQ, Spicy Garlic Parm, Korean BBQ

GREEK SALAD

Mixed greens topped with tomatoes, onions, cucumbers, roasted red peppers, kalamata olives, Feta cheese and a side of balsamic vinaigrette. 10.99



ORCHARD SPINACH SALAD

Baby Spinach, roasted red peppers, granny smith apple, tomatoes, red onion, crumbled bleu cheese and homemade granola. Apple vinaigrette highly recommended! 9.99

BETTER THAN A WEDGE SALAD

Chopped romaine lettuce, bacon, tomatoes, red onion, crumbled bleu cheese. 8.99

MARKET SALAD

Chopped romaine and spring mix with sliced crispy chicken tenders, bacon, shredded cheese, tomatoes, onions, carrots, cucumbers and your choice of dressing. 11.99



Soups

All our soups are homemade and the best in town!

SOUP OF THE DAY

Made fresh daily. Ask your server what's cookin' in the kitchen. 5.99 · Seafood 6.99

MARYLAND CRAB SOUP

Straight from Ma's kitchen. This combination of fresh vegetables and crab meat is always a favorite. 6.99

WILD BILL'S FAMOUS CHILI

A perfect blend of spices, beans and ground beef heaped with melted Cheddar cheese. Served with tortilla chips. 5.99

SOUP · SALAD · SANDWICH

Choose two of the three:
soup, salad, or half of a sandwich. 11.99

SOUP SELECTIONS

Soup of the Day · Maryland Crab · Chili

SALAD SELECTIONS

Caesar · Garden · Wedge · Orchard Spinach

SANDWICH SELECTIONS

California Club · Big Daddy · Classic T
The Gaucho · BLT · Power House
Chicken Salad Club · Tuna Salad Club



ARENA'S FRESH DELI SALAD PLATTERS

Your choice deli salad served on a bed of mixed greens with fresh veggies and a scoop of cole slaw.

SHRIMP SALAD

With old bay, celery, mayo and spices (seasonal). 13.99

CHICKEN SALAD

With grapes, celery, tarragon and mayo. 10.99

TUNA SALAD

With celery, mayo and spices. 10.99

ADD TO YOUR SALAD

Chicken Tenders	3.99
Veggie Burger	3.99
Chicken Breast · Grilled, Jerked or Blackened	3.99
Fried Shrimp	7.99
Fried Rockfish	6.99
Crab Cake	9.99
Chicken Salad	3.99
Tuna Salad	3.99
Shrimp Salad (seasonal)	7.99

Arena's Deli & Bar
Rehoboth Beach, DE
302.227.1272

Arena's Cafe
Rehoboth Beach, DE
302.226.2233

Arena's Cafe
Lewes, DE
302.644.0370

Arena's at the Airport
Georgetown, DE
302.856.3297

Arena's Long Neck
Millsboro, DE
302.947.4700

Arena's Milford
Milford, DE
302.422.3354

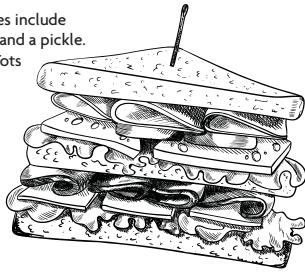
Arena's Newark
Newark, DE
302.454.1900

Split basket charge \$1.00

Consuming raw or undercooked proteins can increase the risk of food borne illness.

Arena's Famous Sandwiches

All sandwiches include potato chips and a pickle.
Sub Fries or Tots for \$2.00.



DENNIS 3000

Grilled ham, swiss cheese, sweet and spicy bourbon mustard, bread and butter pickles, spring mix on a whole grain ciabatta. 11.99

THE STACKED BLT

A heaping pile of crispy bacon, lettuce, tomato and mayonnaise on toasted white bread. 10.99

REUBEN'S REUBEN

Corned beef, Swiss cheese, coleslaw, sauerkraut and thousand island dressing served on grilled rye bread. 11.99

THE DUNCAN

Reuben's Reuben made with turkey instead of corned beef. 11.99

THE BETTY

A grown up grilled cheese made with bacon, avocado, tomato, American cheese on white bread. 9.99

THE CLASSIC "T"

Turkey, bacon, honey mustard, mayonnaise and tomato served on whole wheat bread. 10.99

CALIFORNIA CLUB DUDE

Turkey, avocado, Monterey Jack cheese, sprouts, tomatoes and mayonnaise on whole wheat bread. 12.99

THE DUCKWICH

Turkey, fried onions, tomato, melted Swiss and American cheese, ranch dressing all on grilled rye bread. 11.99

THE HUNGRY SURFER

Turkey, roast beef, corned beef, swiss cheese, 1000 island, lettuce and cole slaw on a Kaiser roll. 12.99

THE BIG DADDY

Turkey, roast beef, thousand island, coleslaw and Swiss served on rye bread. 12.99

CHICKEN PARM SUB (NEW)

Breaded chicken breast smothered in marinara sauce served on a torpedo roll and topped with melted provolone and Parmesan cheese. 11.99

DEATH BURGER (NEW)

Our hand-formed burger topped with tater tots, BBQ, ranch, melted shredded cheese and chopped bacon. 12.99

ARENAS FAMOUS ITALIAN COLD CUT

Ham, Genoa salami, pepperoni, lettuce, tomato, onions, balsamic vinaigrette and provolone cheese served on a torpedo roll. 11.99

FRENCH DIP

Grilled roast beef, Swiss and fried onions on a torpedo roll with a side of au jus. 12.99

THE HAMPSHIRE

Roast beef, melted Provolone cheese, sweet peppers, tomato and balsamic vinaigrette served on a toasted torpedo roll. 12.99

THE GAUCHO

Roast Beef, cilantro mayo, Monterey Jack cheese, roasted red peppers, leaf lettuce, red onion on a whole grain ciabatta. 12.99

PHILLY CHEESESTEAK

Tender steak, grilled with fried onions, melted American cheese and served on a torpedo roll. 11.99

CHICKEN CHEESESTEAK

Breast of white meat sliced thin with lettuce, tomato, mayonnaise and Provolone cheese on a torpeo roll. 11.99
Try it Cajun style with hot peppers and Cajun seasoning. 11.99

BUFFALO CHICKEN CHEESESTEAK

Chopped chicken breast, our secret hot sauce, lettuce, tomato, Provolone and Bleu cheese on a toasted torpedo roll. 11.99

BLACK AND BLEU BURGER

Cajun spiced burger cooked to temp with spring mix, tomato, red onion, mayo and crumbled bleu cheese, served on a whole grain ciabatta roll. 12.99

1/2 POUND BURGER

A hand formed 8oz ground beef burger grilled and served on a kaiser roll with lettuce, tomato, onion and your choice of cheese. Additional toppings may be extra. 11.99

TEXAS BURGER

Our hand formed burger topped with bacon, BBQ sauce, melted sharp cheddar, lettuce and tomato. 12.99

CHICKEN CAESAR WRAP

Grilled chicken breast, romaine lettuce, Parmesan cheese and our Caesar dressing in a wrap. 11.99

THE NORTH SHORE

Ham, sliced chicken breast, Swiss cheese, bacon, lettuce, tomato and mayonnaise served on a kaiser roll. 12.99

TEXAS CHICKEN

Boneless chicken breast, BBQ, bacon, melted Cheddar cheese, lettuce and tomato served on a kaiser roll. 12.99

MONTEREY CHICKEN

Boneless chicken breast, lettuce, tomato, ranch and Monterey Jack cheese served on a kaiser roll. 12.99

CHICKEN SALAD CLUB

Chicken salad, bacon, lettuce, tomato served on whole wheat bread. Also try with tuna salad instead. 11.99

MESA CHICKEN WRAP (NEW)

Blackened chicken breast, lettuce, salsa, avocado, fresh jalapeños, black beans, Monterey Jack cheese in a wrap. 12.99

Veggie Options

All sandwiches include potato chips and a pickle.



FAMOUS GRANNY SMITH SANDWICH

Sliced Cheddar cheese, tart apples, sprouts, carrot slices, onions, honey mustard and mayonnaise on whole wheat. 9.99

VEGGIE BURGER

A grilled veggie patty served on a kaiser roll with lettuce and tomato. 9.99 With cheese 10.99

SEDONA VEGGIE BURGER

Our Veggie Burger topped with guacamole, salsa, lettuce and melted Monterey Jack cheese. 10.99

THE YUMMY HUMMY

Pita, hummus, olives, cucumber, lettuce, tomato and onion, topped with olive oil and crumbled feta. 10.99

POWER HOUSE

Cucumbers, lettuce, sprouts, carrots, onions, tomatoes and honey mustard served on whole wheat bread. 8.99 With cheese 9.99

SUNSHINE MARK'S VEGGIE BURGER TACOS (NEW)

Grilled sliced veggie burger, spicy Korean BBQ sauce, shredded cabbage, carrots and cucumbers served on two flour tortillas with chips and homemade salsa. 10.99

Seafood



FISH TACOS

Fried battered Rockfish, shredded cabbage and cilantro mayonnaise on flour tortillas served with tortilla chips and salsa. 12.99

SHRIMP TACOS

Beer battered shrimp, shredded cabbage and cilantro mayonnaise on flour tortillas served with tortilla chips and salsa. 12.99

ROCKFISH REUBEN

Fried & battered rockfish, Swiss cheese, coleslaw, sauerkraut, and 1000 Island dressing on grilled rye bread. 12.99

FISH AND CHIPS

Crispy battered Rockfish served with fries, coleslaw and side of tartar sauce. 12.99

FRIED SHRIMP BASKET

12 beer battered shrimp served with fries, coleslaw and a side of cocktail sauce. 14.99

MARYLAND CRAB CAKE SANDWICH

Hand-picked lump crab meat blended with spices served on a kaiser roll with lettuce, tomato, a side of tartar sauce, chips and a pickle. 15.99

MARYLAND CRAB CAKE PLATTER

Our lump Maryland crab cake served with coleslaw and fries on a bed of lettuce and tomato with a side of tartar. 16.99
Add a second crab cake. 9.99

CRAB MELT

Crab cake, tomato and melted cheddar on whole grain ciabatta served open faced with a side of cole slaw. 15.99

SHRIMP DELICIOUS (seasonal)

Our delicious shrimp salad in a wrap with lettuce and tomato served with chips and a pickle. 13.99

SIDES

Salsa 1.50
Guacamole 1.99
Avocado 1.99
Sour Cream 1.50
Homemade Cole Slaw 1.99
Green Apple 1.99

BEVERAGES

16 oz 2.25 20 oz Tumblers 2.50 32oz 2.75

SOFT DRINKS We carry Pepsi products

FRESH BREWED ICED TEA

ASSORTED JUICES 16 OZ 3.00

BOTTLED WATER 2.00

PELLEGRINO BOTTLED WATER 3.00

DESSERTS

CHECK OUT OUR BOARD FOR OUR SELECTION OF HOME MADE DESSERTS!



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ARENASDELI.COM

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